

**Record of Service for (check one):**

- ☐ Summer before 8<sup>th</sup> Grade (20 hours required)  
☐ Semester 1 of 8<sup>th</sup> Grade Year (10 hours required)  
☐ Semester 2 of 8<sup>th</sup> Grade Year (10 hours required)

This form is to be submitted at the three times of the year listed above. Documentation must include a description of the activity, the date(s) of participation, hours involved for each date, and the supervising adult's legible signature and phone number. An additional page may be attached, but it must include the required information. Before submitting the form, complete the **Reflection** on the back of this page. *Please keep a copy of this form for yourself if a discrepancy arises.*

Date(s)	Activity & Organization	Hours	Supervisor's Signature	Phone Number
<b>Example:</b> 6/12/15	<b>I read the newspaper to residents at Green Meadow Nursing Home.</b>	<b>2.0</b>	<i>Jane Smith</i>	<b>727-555-0010</b>

Total Hours: \_\_\_\_\_

**THE REFLECTION ON THE BACK OF THIS PAGE MUST BE COMPLETED FOR THE HOURS TO BE COUNTED.**

## **REFLECTION**

This reflection is the conscious review and critical analysis of the service performed. Reflection gives meaning to the service. It asks you to move beyond the task you did, broaden your worldview, and consider your personal value system. Respond to these three prompts in the space provided.

**What did you do? How were you providing a service?**

**What did the experience mean to you, or what did you learn from it? Did you learn anything about a social issue?**

**How can you or how will you use the lessons learned from this experience? Is there something more you could do?**